



January 2024

Tuesday 2nd <u>Luxury Dermaplaning</u>

Wednesday 3rd & Thursday 4th Facial Skincare NEW FOR 2024

Saturday 6th & Sunday 7th
Tuesday 9th
Saturday 13th

EMDR Practitioner
Thai Foot Massage
Caflon Ear Piercing

Sunday 14th Body Brushing and Skin Conditioning

Monday 15th Pregnancy Massage
Saturday 20th Vitamin B12 injections
Sunday 21st Hot Stone Massage
Monday 22nd Chemical Peels

Saturday 27th & Sunday 28th Indian Head Massage

Tuesday 30th <u>Thai Herbal Compress Massage</u>

February 2024

Monday 5th <u>Thermal Auricular Therapy (Hopi Ear Candling)</u>

Tuesday 6th Paraffin Wax Treatments

Monday 12th <u>High Frequency Facial Treatments</u>

Saturday 17th Himalayan Salt Stone Massage NEW FOR 2024

Sunday 18th Hot Stone Massage
Saturday 24th & Sunday 25th Holistic Facials

Monday 26th & Tuesday 27th Facial Skincare NEW FOR 2024
Thursday 29th Scar Work (Day 1) NEW FOR 2024

March 2024

Friday 1st & Saturday 2nd Scar Work (Days 2 and 3)
Monday 4th Luxury Dermaplaning

Saturday 9th Acne Awareness NEW FOR 2024

Sunday 10th Microneedling

Monday 11th Thai Herbal Compress Massage

Saturday 16th Vitamin B12 Injections Sunday 17th Maternity Reflexology Saturday 23rd Oncology Reflexology

April 2024

Saturday 13th Thermal Auricular Therapy (Hopi Ear Candling)

Saturday 13th & Sunday 14th Auriculotherapy and auricular acupuncture

Sunday 14th Body Brushing and Skin Conditioning Hypnotherapy in Practice Diploma (HPD) &

Saturday 27th & Sunday 28th Advanced Clinical Hypnotherapy Diploma (Dual

Award) - April Intake

Sunday 28th Rapid & Instant Hypnotic Inductions

June 2024

July 2024

<u>Indian Head Massage New Evening Class 6pm -</u> Tuesday 2nd, 9th, 16th, & 23rd 9 pm (4 evenings)

Friday 5th, Saturday 6th, & Oncology Massage with Susan Findlay

Sunday 7th

Saturday 13th Caflon Ear Piercing Sunday 14th Oncology Reflexology

Saturday 20th & Sunday 21st **EMDR** Practitioner

Sunday 21st High Frequency Facial Therapy

Saturday 27th & Sunday 28th Reflexology (Days 1 & 2)

August 2024

Saturday 3rd Vitamin B12 Injections

Sunday 4th Acne Awareness

Saturday 10th & Sunday 11th Reflexology (Days 3 and 4) Hot and Cold Stone Reflexology Monday 12th Psychotherapy/Hypnotherapy in IBS

Saturday 17th management NEW for 2024

Psychotherapy Skills for Pain Management NEW Sunday 18th

for 2024

Saturday 31st Reflexology (Day 5)

September 2024

Sunday 1st Reflexology (Day 6) Monday 2nd Warm Bamboo Massage

Thursday 5th Chemical Peels

Saturday 7th & Sunday 8th Indian Head Massage

Saturday 7th & Sunday 8th Auriculotherapy and auricular acupuncture

Monday 9th Luxury Dermaplaning Tuesday 10th Paraffin Wax Treatments Psychoneuroimmunology for

Saturday 14th hypno/psychotherapists, working with cancer

patients NEW for 2024

Sunday 15th Weight management for hypno/psychotherapists

NEW for 2024 Microneedling

Tuesday 17th <u>Microneedling</u>
Thursday 19th <u>Microdermabrasion</u>

Saturday 21st <u>Thai Herbal Compress Massage</u>

Sunday 22nd <u>Pregnancy Massage</u>

October 2024

Tuesday 22nd Chemical Peels
Wednesday 23rd & Thursday
Facial Skincare

24th

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Saturday 19th & Sunday 20th

Hypnotherapy in Practice Diploma (HPD) & Advanced Clinical Hypnotherapy Diploma (Dual

Award) - October Intake

Saturday 26th <u>Microneedling</u>

Sunday 20th Rapid & Instant Hypnotic Inductions

Monday 28th <u>Pregnancy Massage</u>
Thursday 31st Paraffin Wax Treatments

November 2024

Saturday 2nd Vitamin B12 Injections Sunday 3rd Oncology Reflexology Tuesday 5th Maternity Reflexology

Saturday 9th Smoking Cessation & Addiction Management for

hypno/psychotherapists NEW for 2024

Sunday 10th Working with PTSD for hypno/psychotherapists

NEW for 2024

Tuesday 12th Microdermabrasion treatments

Friday 29th High Frequency Facials

December 2024

Tuesday 3rd Thai Foot Massage

Hypnotherapy Diploma Course Schedules 2023 - 24	
October 2023 Intake	
October 7th & 8th	
November 4th & 5th	
December 2nd & 3rd	
January 6th & 7th (2024)	
February 3rd & 4th (2024)	
March 2nd & 3rd (2024)	
April 6th & 7th (2024)	
May 4th & 5th (2024)	
June 1st & 2nd (2024)	
April 2024 Intake	October 2024 Intake
April 27th & 28th	October 19th & 20th
May 25th & 26th	November 23rd & 24th
June 22nd & 23rd	December 14th & 15th
July 20th & 21st	January 11th & 12th 2025
August 17th & 18th	February 8th & 9th 2025
September 14th & 15th	March 8th & 9th 2025
October 12th & 13th	April 5th & 6th 2025
November 9th & 10th	May 3rd & 4th 2025
December 7th & 8th	May 31st & June 1st 2025

Contact the Clinical Wellness Academy on: academy@clinicalwellness.co.uk

via our website www.clinicalwellness.co.uk/contact-us

facebook.com/clinicalwellnessacademy

01244 630707 or 07704 079306 (Michelle) 07428 357193 (Marc) (call, SMS, or WhatsApp)

