

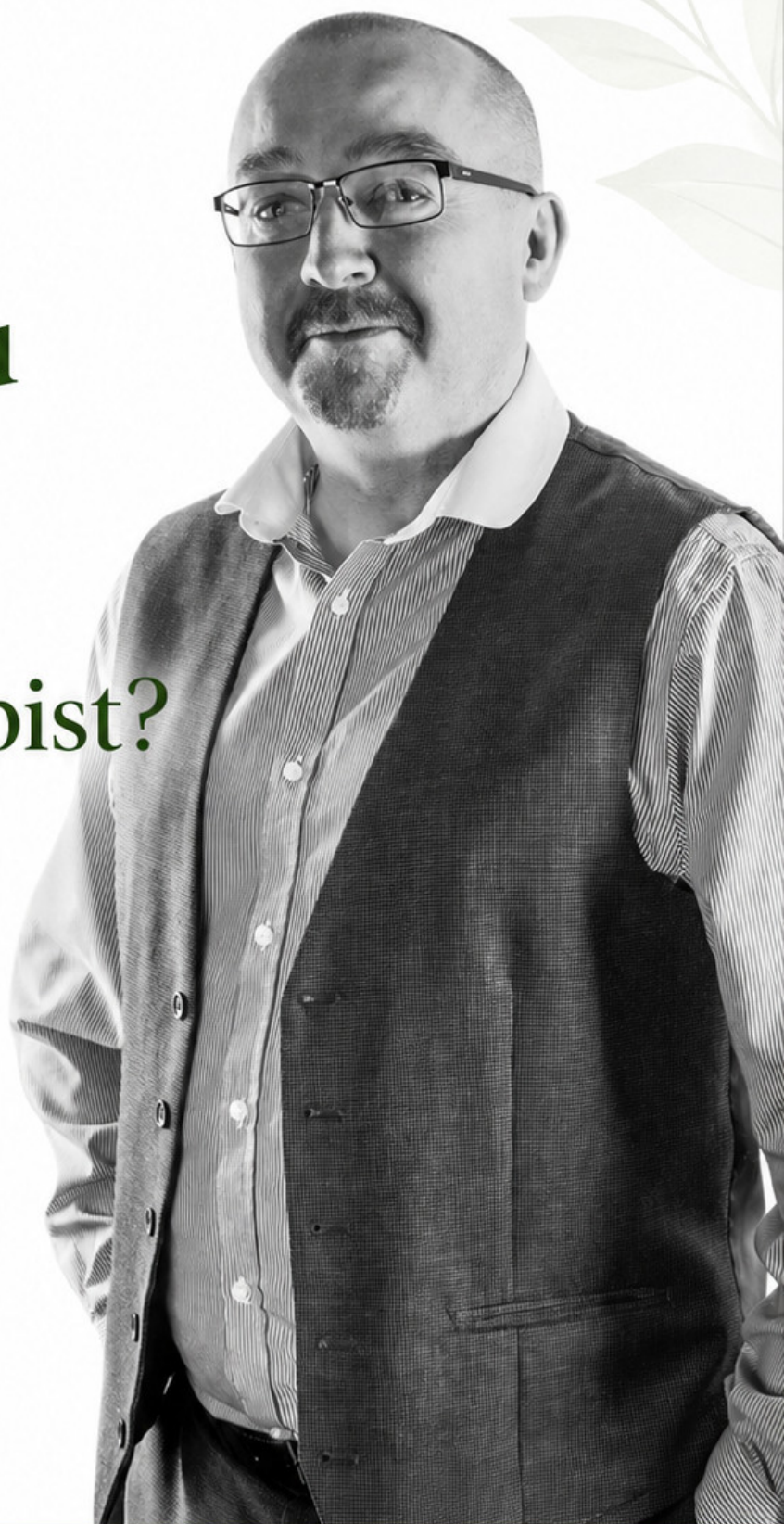


Could You Become a Clinical Hypnotherapist?

A thoughtful guide for people considering professional hypnotherapy training



*Expert training. Ethical practice.
Meaningful impact.*



Thinking about training?

For the right person, training in clinical hypnotherapy can become a meaningful professional path and a valuable addition to existing therapeutic, coaching or healthcare work.



Course highlights

- Level 4 NCH/NCFE-accredited Hypnotherapy in Practice Diploma
- Level 5 Advanced Clinical Hypnotherapy Diploma
- Ethics, practical skills and client work
- Neuroscience, anatomy and physiology
- Supportive, professionally grounded learning

If this feels like the next step for you, we'd be delighted to support you on your journey.

Here to support your growth and positive impact



Find out more



clinicalwellness.co.uk/academy/hypnotherapy-diploma



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What is clinical hypnotherapy?

Clinical hypnotherapy is a structured therapeutic approach that uses focused attention, therapeutic language, imagination and relaxation to support useful change.

It is collaborative, client-centred and professionally grounded. A hypnotherapist does not 'take control' of a client. Rather, the work helps people engage their own attention, inner resources and capacity for change.



What clinical hypnotherapy is not

- ✶ Stage hypnosis
- ✶ Mind control
- ✶ A magic cure
- ✶ Simply reading scripts



Good practice is ethical, evidence-informed and adapted to the individual.



Who is suited to this work?



There is no single personality type that makes a good hypnotherapist. However, some qualities are especially helpful when entering this profession.

Helpful qualities

-  Empathy and an interest in people
-  Listening and communication skills
-  A willingness to learn and reflect
-  Ethical awareness and professional boundaries
-  A calm, respectful presence

What good training should include



-  Ethics, consent and confidentiality
-  Hypnotic inductions and language skills
-  Client assessment and treatment planning
-  Neuroscience, anatomy and physiology
-  Practical skills with feedback
-  Supervision and continued professional development



Good training does not simply teach techniques.
It helps you become a safe, reflective practitioner.

A structured diploma pathway

Our training pathway is designed for students who want a professionally grounded and well-rounded route into clinical hypnotherapy.

Students study

- Level 4 NCH/NCFE-accredited Hypnotherapy in Practice Diploma
- Level 5 Advanced Clinical Hypnotherapy Diploma
- Both awards are run and studied simultaneously

Course highlights

- Ethics, practical skills and client work
- Neuroscience, anatomy and physiology
- Anxiety, phobias, IBS and pain management
- Face-to-face delivery to meet CNHC criteria



Face-to-face training supports graduates who later wish to join the CNHC.



The NCH HPD route supports direct CNHC registration after graduation.

Course benefits and added value

Our diploma pathway is designed not only to qualify students, but to support them in becoming well-rounded, confident and professionally grounded practitioners from the outset. The training package brings together high-value learning, recognised qualifications and ongoing support in one structured route.

What is included

- Level 4 NCH/NCFE-accredited Hypnotherapy in Practice Diploma
- Level 5 Advanced Clinical Hypnotherapy Diploma
- 18 months of student membership with the National Council for Hypnotherapy
- Student online portal with guidebooks, resources and ongoing support
- Free EMDR training included within the course package

Why students value this pathway

- Nationally recognised Level 4 qualification
- Many specialist modules included at no extra cost
- Excellent value compared with buying separate post-qualification courses
- Helps graduates qualify as well-rounded professionals from the outset
- Face-to-face training with practical and professional focus

Led by experience

Training is led by Dr Marc Johnson, a behavioural psychologist, psychotherapist, educator and clinical hypnotherapist, supported by an experienced teaching ethos focused on ethical, evidence-informed and practical learning. Students benefit from a training environment shaped by real-world clinical understanding, reflective practice and professional standards.



Many modules that are often sold separately elsewhere are already included here at no extra cost.



The result is a more complete, cost-effective training pathway and graduates who are better prepared for practice.

A thoughtful investment in both qualification and professional development.



Why choose Clinical Wellness Academy?

For the right person, hypnotherapy training can become a meaningful professional path and a valuable addition to therapeutic, coaching or healthcare work.

What you can expect —————

- ✦ A professionally grounded approach
- ✦ A balance of theory and practical application
- ✦ Strong ethical and reflective practice
- ✦ Supportive face-to-face learning
- ✦ Training designed for real-world client work

Next steps —————

If you would like to explore whether this diploma pathway is right for you, you are welcome to request further course information or arrange an informal conversation.



clinicalwellness.co.uk/academy/hypnotherapy-diploma/



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Here to support your growth and positive impact. —————

A relaxed first conversation

Before deciding whether to train, you are welcome to arrange a free, no-commitment introductory Zoom call or visit. It is simply an opportunity to ask questions, talk through your aims, and consider whether this diploma pathway feels like the right fit for you.



Free introductory Zoom call or face-to-face chat

No pressure. No obligation.

Just a useful conversation, with the option to visit the centre for an initial consultation.

In the call, we can discuss

- Whether the course is suitable for your background
- How the Level 4 and Level 5 pathway works
- Face-to-face training and CNHC registration routes
- The student portal, guidebooks and ongoing support
- Included specialist modules, including EMDR training

A thoughtful conversation can often make the next step feel much clearer.



Meet Dr Marc Johnson

Dr Marc Johnson is a behavioural psychologist, psychotherapist, educator and clinical hypnotherapist. Through Clinical Wellness Academy, he supports students who want a professionally grounded route into ethical, evidence-informed clinical hypnotherapy.

The teaching ethos is practical, reflective and clinically informed, with students supported by experienced tutors and a faculty focused on real-world professional standards.

A gentle next step

Explore the training without feeling rushed, pressured or committed.